

TEXAS UIL HEAT SAFETY REQUIREMENTS AT A GLANCE (2025-2026)

Requirements are subject to change. Please consult local authorities for the most up-to-date legislation.

WBGT (WET BULB GLOBE TEMPERATURE) MONITORING REQUIREMENTS:

- » **Required Method:** UIL recommends WBGT as the preferred measurement standard
- » **Timing:** Readings must be taken within 15 minutes prior to practice start
- » **Frequency:** Monitor every 30 minutes during practice
- » **Consistency:** Same individual should take all readings when possible

CRITICAL TEMPERATURE THRESHOLDS & REQUIRED ACTIONS

Class 2 (Most of Texas):

- » **Green Flag (WBGT < 79.7°F):**
Normal activities
- » **Yellow Flag (WBGT 79.7-84.6°F):**
Water breaks every 30 minutes
- » **Orange Flag (WBGT 84.7-87.6°F):**
Limit practice, remove equipment
- » **Red Flag (WBGT 87.7-89.7°F):**
Maximum 1 hour practice
- » **Black Flag (WBGT ≥ 89.8°F):**
No outdoor activities

Class 3 (South Texas/Valley):

- » **Green Flag (WBGT < 82.0°F):** Normal activities
- » **Yellow Flag (WBGT 82.0-86.9°F):**
Water breaks every 30 minutes
- » **Orange Flag (WBGT 87.0-90.0°F):**
Limit practice, remove equipment
- » **Red Flag (WBGT 90.1-92.0°F):**
Maximum 1 hour practice
- » **Black Flag (WBGT ≥ 92.1°F):**
No outdoor activities

MANDATORY EQUIPMENT & FACILITIES

Rapid Cooling Required When:

- » WBGT reaches 79.7°F (Class 2) or 82.0°F (Class 3)
- » Must include:
 - » Cold water immersion tubs OR
 - » TACO method tarps (filled with ice/water)
 - » Immediate availability during all outdoor activities

Key Deadlines & Implementation Dates:

- » Current Status: Recommendations for 2025-2026 school year
- » Schools encouraged to implement immediately
- » Full compliance expected by 2026-2027 school year

PENALTIES FOR NON-COMPLIANCE

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- » Currently recommendations, not mandates
- » State Executive Committee can impose penalties for violations
- » District Executive Committees handle initial investigations
- » Penalties may include fines, suspensions, or other sanctions as determined by UIL

Resource: [ULI Heat Stress and Athletic Participation Recommended Plan](#)



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