

CALIFORNIA CIF HEAT SAFETY REQUIREMENTS (EFFECTIVE JULY 1, 2024)

Requirements are subject to change. Please consult local authorities for the most up-to-date legislation.

WBGT (WET BULB GLOBE TEMPERATURE) MONITORING REQUIREMENTS:

- » **Law Status:** MANDATORY (AB 1653, effective July 1, 2024)
- » **Equipment:** WBGT monitoring devices required
- » **Training:** Coaches and trainers must be trained to interpret WBGT data
- » **Written Emergency Action Plan:** Required for all athletic facilities

CRITICAL TEMPERATURE THRESHOLDS & REQUIRED ACTIONS

CLASS 1 (COASTAL AREAS):

- » **Green Flag:** WBGT < 76.1°F - Normal activity
- » **Yellow Flag:** WBGT 76.2-81.0°F - Frequent water breaks
- » **Orange Flag:** WBGT 81.1-84.0°F - Limit intense exercise
- » **Red Flag:** WBGT 84.2-86.0°F - Maximum 1 hour, modified equipment
- » **Black Flag:** WBGT ≥ 86.1°F - No outdoor activities

CLASS 2 (INLAND AREAS):

- » **Green Flag:** WBGT < 79.7°F - Normal activity
- » **Yellow Flag:** WBGT 79.8-84.6°F - Frequent water breaks
- » **Orange Flag:** WBGT 84.7-87.6°F - Limit intense exercise
- » **Red Flag:** WBGT 87.8-89.6°F - Maximum 1 hour, modified equipment
- » **Black Flag:** WBGT ≥ 89.7°F - No outdoor activities

CLASS 3 (DESERT/HOT INLAND):

- » **Green Flag: WBGT < 82.0°F - Normal activity**
- » **Yellow Flag: WBGT 82.1-86.9°F - Frequent water breaks (82.2°F trigger)**
- » **Orange Flag: WBGT 87.1-90.0°F - Limit intense exercise**
- » **Red Flag: WBGT 90.1-91.9°F - Maximum 1 hour, modified equipment**
- » **Black Flag: WBGT ≥ 92.0°F - No outdoor activities**

MANDATORY EQUIPMENT & FACILITIES

COOLING EQUIPMENT:

- » Ice baths or cooling wraps required on-site
- » Must treat heat stroke and heat illnesses immediately

PRACTICE MODIFICATIONS:

- » Schedule during cooler times (early morning/evening)
- » Frequent shade and water breaks
- » Postpone/cancel during extreme heat

ACCLIMATIZATION:

- » 5-day warm-up period for fall sports
- » Gradual intensity increase over 7-14 days
- » Limited gear first few days

PENALTIES FOR NON-COMPLIANCE

- » CIF responsible for enforcement
- » Typically investigates upon complaints
- » Repeated violations may result in:
 - » Fines to athletic programs
 - » Suspensions of programs/coaches
 - » Other penalties determined by CIF

RESOURCES:

[California Department of Health](#)

[Perry Weather: California State Weather Policies](#)